

Highlands Happenings

February 6th, 2018

Birthdays this week:

Paul Rumpeltes - Feb. 10th, Shelley Daulton - Feb. 12th

ANNOUNCEMENTS:

Ash Wednesday worship will be at 6:30PM, Feb 14th.

"The purpose of spiritual disciplines is liberation from the stifling slavery to self-interest and fear. When the inner spirit is liberated from all that weighs it down, singing, dancing, even shouting can characterize the Disciplines of the spiritual life.' During Lent (Feb 18 - Mar 25), HLC will be offering a 6 part series on the Spiritual Disciplines of Prayer, Study, Simplicity, Service, Worship, and Celebration, based on Richard Foster's book, Celebration of Discipline. Each week we'll focus on a different discipline, exploring how it is that they can set us free to love God with all we have. Please join us!"

Pr. Travis Johnson-Esparza

Holy Yoga

Come join us in the Fellowship Hall for grace-centered yoga! Bring a mat and a bottle of water, and prepare to exercise your faith and body. All levels welcome; poses can be adapted to each level, or come and meditate on scripture along with the class. Classes are \$10 and childcare is available upon request for \$5 per child. Follow us on Facebook to stay updated

<https://m.facebook.com/Holy-Yoga-at-Highlands-Lutheran-1590199611066853/>

Next class dates:

Saturday, February 10th at 9am (childcare available)

Monday, February 19th at 6:45pm

Saturday, February 24th at 9am

Fellowship

Please consider adopting one of the following events and assembling your team:

March 25 - Palm Sunday Brunch

July 15 - Church in the Park

October - Harvest Festival

Sign up on the clipboard on the narthex table. We need your help!!

Coffee Hour Hosting

The 2018 Coffee Hour Hosting schedule is available on the back narthex table. Please check off your name and make note of your date(s). Update the list if you switch with someone. Ushers prepare the coffee; hosting involves setup, clean up and providing a light snack.

The Highlands Bookies Meet the 3rd Friday of the month at Ken Wiig's home for food and conversation. February 16: *Year of Yes* by Shonda Rhimes. March 16: *Wouldn't Take Nothing for My Journey Now* by Maya Angelou

Highlands Hunters meeting Saturday 2/10 at 6:30 am at the Common Grounds Coffee House

Wednesday, 2/7 5:15pm Call Committee meets, 6:30pm Choir

COMING UP AT HIGHLANDS

Sat. 2/10 9am Holy Yoga

Saturday 2/10 Thrivent Fundraiser on front lawn of HLC from 3:45 to 5:30pm

Sunday 2/11 at 11:15 Birthday Coffee

The Elderberries will be getting together for lunch on Tuesday, 2/13 at 12:30 - hosted by Sue and Rick Wittkopp. "We will be doing a Valentine Day project for our Little Lutherans".

STEWARDSHIP OF TIME and RESOURCES

Thank you again and again for your generous contributions to the Bienvenidos Food Bank. Items are blessed each Sunday and delivered to Bienvenidos every week so that they can distribute them to individuals in need.

For February and March we will be collecting peanut butter and canned chili.

Above & Beyond: Please send your Above & Beyond suggestions to Council to be approved and included in this list. The Above & Beyond wish list will be published monthly.

MAY CHRIST'S LOVE, GRACE and COMPASSION BE WITH YOU ALWAYS!